



Important Information Ahead Of Your First Visit To Our

Hindhead (Woolmer Hill) Venue

Hindhead (Woolmer Hill) Venue Address:

Woolmer Hill School,
Woolmer Hill Road,
Haslemere,
Surrey,
GU27 1QB

To see where our Hindhead (Woolmer Hill) Venue is located on the map click [here](#)

Where to park and where the classes take place:

As you turn in from Woolmer Hill Road, please park in the car park immediately on your left and do not drive up the school driveway. Then walk up the school driveway towards the school playground which is directly in front of you. We use the back entrance to the main hall, therefore **DO NOT** walk towards the main reception. Follow the driveway past the playground and then turn left and walk around the corner towards the large wheelie bins. Then turn right between the school buildings and you will see the entrance to the school hall on your right. Please wait outside the blue double doors and the coaches will call the children in and dismiss them from this door. It is a drop off and collect service as we are unfortunately unable to have parents waiting in the school building during the session. If you wish to remain on the school grounds, you will have to wait in the car as we unfortunately do not have a waiting area. Also we are not permitted by the school to use their field, therefore please can I kindly ask that in the summer months, if you are waiting on site please do not play on the field or have a picnic on the field while you wait for your child.

At the end of the session:

Please be there in good time to collect your child. We will not allow the children out of the gym if a parent is not there to collect them so please do not ask your child to meet you in the car park. If you know you are going to be a few minutes late, please inform the coach before your child's class starts so that we are aware. If however there is an unforeseen problem and you are going to be late please text the lead coach to notify them as they will not be able to answer the phone during the session.

Lead Coach Numbers:

Monday's: Paul Reeve - 07970 826126
Tuesday's: Ben Brown - 07885 611718

If the regular lead coach will not be there one week you will be provided with an alternative number for the lead coach that day.

What to wear:

We do have a club kit which is a leotard for the girls with gym shorts or leggings as optional extras. For the boys it is gym shorts and a club T-shirt. To view the club kit and place an order [click here](#)
In the meantime the gymnasts can wear their own kit. It is very important that the clothing is suitable for gymnastics and allows full range of movement. Gymnasts must have bare feet for training unless they have specific gym shoes (Socks must not be worn unless there is a medical reason that I am made aware of)

For Girls:

Preferably leotard with the option of gym shorts or leggings.

If they do not have a gym leotard then shorts and T-shirt (preferably cycling shorts or gym shorts and a fitting t-shirt)

Please do not wear baggy clothing as this can be dangerous when coaches are supporting the gymnasts and it can get caught on equipment.

For Boys:

Shorts and T-shirt (Preferably gym shorts and a fitting t-shirt but please make sure they are stretchy shorts and strictly no shorts with belts, buttons or zips!)

Please do not wear baggy clothing as this can be dangerous when coaches are supporting the gymnasts and it can get caught on equipment.

Boys are welcome to wear leotard and gym shorts if they would prefer.

Parent Viewing:

Unfortunately there is not a viewing gallery in the school hall at Woolmer Hill and due to Health and Safety reasons I cannot allow parents in the hall during training sessions. There will however be a viewing week each term so that you have an opportunity to see what your child/children are working on and how they are progressing.

Water Bottles:

I am happy for people to bring a water bottle if they feel they will need a drink during the session. However if you do bring a bottle in the gym it MUST be a sealed bottle preferably a sports bottle with sports cap and ONLY contain water.

Stay up to date with information:

The best and fastest way to stay informed of any information is via Twitter and Facebook. There are links to the pages on the club website but here is a reminder of the club accounts if you wish to like the pages:

 **Facebook: Excel Gymnastics Academy UK**

 **Instagram: theexcelgymnasticsacademy**

If you have any further questions then do not hesitate to contact me.

Kind regards

Paul Reeve

Head Coach

Excel Gymnastics Academy

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Web: www.excelgym.co.uk

 Excel Gymnastics Academy UK

 @ExcelGymAcademy

