

## **CODE OF CONDUCT**

Excel Gymnastics Academy is fully committed to safeguarding and promoting the well-being of all gymnasts, members and staff/volunteers associated with the club. To ensure the effective running of Excel and to protect all individuals connected with the club it is important that the following codes of conduct are read, respected and adhered to at all times:

### **CODE OF CONDUCT FOR PARENTS/GUARDIANS**

- Encourage your child to learn the rules and perform within them.
- Arrive with plenty of time to get your child ready for their session and ensure they have been to the toilet before the session begins - Always inform the Head Coach if you are going to be late.
- Always ensure your child is dressed appropriately for their session with long hair tied up and make sure they have had plenty to drink.
- Discourage challenging and inappropriate conduct towards coaches and other members.
- Help your child to recognise good performance and progression.
- Be realistic with regard to their ability and do not set expectations too high - It can be very damaging for children if they feel they are falling short of their parents expectations.
- Discourage comparison against other members - Each gymnast is an individual with different goals and objectives and they must be praised on their own personal achievement.
- Never force your child to take part - Children must participate in gymnastics for their own pleasure and enjoyment not their parent's.
- Set a good example within the gymnastics environment by recognising good sportsmanship and applauding good performances of all.
- Never punish or belittle a child for poor performance or making mistakes. It is through mistakes that performers learn and develop as a gymnast.
- Use correct and proper language at all times.
- Encourage and guide your child to accept responsibility for their own performance and behaviour.
- Keep the Head Coach informed if your child is ill or unable to attend sessions.
- Endeavour to establish good communications with the club, coaches and staff for the benefit of all.
- Never challenge or threaten a coach or member of the Excel team. Any concerns must follow the approved channels as outlined in the complaints and grievance procedure.
- Do not raise issues of disagreement publicly.
- Always collect your child promptly at the end of a session.
- All fees must be paid on time otherwise your child may risk losing their place in the class.
- Always support your child's involvement and help them to enjoy their sport.

Please understand that breach of this code of conduct may have repercussions and in extreme cases may result in your child/children losing their place at the club.