

CODE OF CONDUCT

Excel Gymnastics Academy is fully committed to safeguarding and promoting the well-being of all gymnasts, members and staff/volunteers associated with the club. To ensure the effective running of Excel and to protect all individuals connected with the club it is important that the following codes of conduct are read, respected and adhered to at all times:

CODE OF CONDUCT FOR GYMNASTS

- Gymnasts must participate within the club rules and respect all the coaches and their decisions.
- Gymnasts must respect their fellow club members.
- Gymnasts must arrive for training on time or inform the Head Coach if they are going to be late.
- Gymnasts must not distract, bully or harass other members during the session.
- Gymnasts must not use bad language.
- Gymnasts must be polite and display good manners at all times.
- Gymnasts must treat all the equipment with respect and must not go on any equipment unless instructed to do so by a coach.
- Gymnasts must wear suitable attire for training (Socks must not be worn unless there is a medical reason that the Head Coach is aware of).
- All body jewellery must be removed.
- Long hair must be tied back.
- Food, drink and chewing gum are strictly prohibited in the gym (gymnasts may bring a sealed drinking bottle in the gym but it must only contain water).
- All litter must be placed in the bins provided.
- Please leave all valuables at home - Excel Gymnastics Academy will not be held responsible for the loss of any items.
- Mobile phones and other electronic devices must be switched off in the gym.
- Gymnasts must inform the Lead Coach before the warm up begins if they have an injury or illness.
- Gymnasts must inform their coach immediately if they begin to feel ill or sustain an injury during the session.
- Gymnasts must remain with coaches at the end of the session until they are safely collected by their parent or guardian.
- FINALLY ALL GYMNASTS MUST ENTER THE GYM WITH A SMILE AND HAVE FUN!! 😊

DISCIPLINARY PROCEDURE

- Gymnasts that breach the code of conduct will first of all be reminded of the rules.
- Repeatedly breaching the code of conduct may result in separation from peers or group (Gymnast will be made to sit out or move group).
- Continuous breach of the code of conduct will result in the parents being informed at the end of the session by the Lead Coach for that session or the Head Coach to discuss the situation.

If there is no improvement then parents will be contacted by the Head Coach and they will be invited to discuss the future behaviour of their child and agree joint strategies for monitoring.

In extreme cases where physical violence, verbal abuse or intentional damage to property is involved, the sequence of actions outlined above will be by-passed and the Head Coach will contact the parents as a first step. Exclusion of the child from the club may be considered.